

AUSTRALIA WINE EXCHANGE

By YVONNE SHAKES



friendship force
INTERNATIONAL



Wine-tasting themed Exchange

*Welcome to the Southern Australian Wine Experience
Hosted by the FF clubs of Melbourne, Mt. Gambier, Adelaide.*



MELBOURNE - MOUNT GAMBIER - ADELAIDE

22nd March to 7th April 2014



CO- EXCHANGE DIRECTORS:

Dave Bentzin – Denver FF. Yvonne Shakes – Adelaide FF.

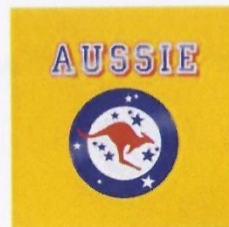
REGIONAL EXCHANGE DIRECTORS:

Alan Cawsey, Melbourne. - Neville Gilberton, Mt Gambier.

Exchange Committees:

Melbourne - Mt. Gambier – Adelaide

Special Thanks Dave and I would like to thank all hosts, co-hosts, day hosts, dinner-hosts and members who have contributed and helped in even the smallest way to make this venture a success. Yvonne



WELCOME!

The Melbourne, Mt Gambier and Adelaide Friendship Force clubs of the Southern District of Australia take great pleasure in welcoming our ambassadors from Lübeck Germany and the American clubs of Dallas Texas, Southern New Jersey and Denver Colorado.

This has been a joint venture seeded during another Friendship Force adventure in Vietnam a year or so ago when Dave Bentzin and myself often tried unsuccessfully to find a palatable glass of wine to enjoy with our meal. He soon discovered that I was always disappointed with what was available and he was interested to hear about the wines that I found so different at home. These events lead to us deciding to organise this Wine experience that we are delighted you have chosen to join.

The Australian Wine Industry exploits a wide range of regional locations and climatic types with around 2500 companies involved in the industry. Almost 70% of these areas are found in Southern Australia, the largest producing State being South Australia. A lucrative export market has been developed with over 66% of the total national production going to the international market. Your visit will take you to the "heartland" of the wine growing areas of Australia.

During your short stay "down under" we hope that you will not only enjoy some of the wines from a very small selection of the vast array of wineries, but as you travel through our Great Southern land you will take home lasting memories of the scenery and the other places you will visit. Most particularly we extend to you our hospitality and know that you will leave with an array of special new friends to add to your Friendship Force family.

While our cultures have many similarities we do trust that you will have some truly "Aussie" experiences and fond memories to take home.

We offer you our friendship but please remember, if you are given a boomerang it must come back.

Yvonne Shakes

Exchange Director Adelaide

Pages 4-9 are not included because they contain personal data.

Program for Wine Appreciation Tour of Southern Australia March 22nd to April 7th 2014

Melbourne, capital of Victoria is the second largest city in Australia. It often has the dual title of being the “shopping” capital and the “sporting” capital of our country. It is the home of the iconic Melbourne Cricket Ground which hosts Aussie Rules football and was the birth place of Test Cricket. The Rod Laver Arena is the venue for the Australian Open Tennis Tournament. The imposing Parliament House is one of the largest and finest examples of 19th Century architecture in the land. Fitzroy Gardens set on 64 acres, classified by the National Trust in 1974 has as a focus the original home of Captain James Cook’s parents. The Dandenong Ranges lie east of Melbourne. Within a short drive from the heart of the city there are a number of wine regions. These local wine districts share the attraction of magnificent scenery but the soils, rainfall and temperatures vary widely enough to ensure an extensive range of first class wines. **The Yarra Valley** is the “jewel in the crown” with the town of Lilydale being the ‘gateway’ to this region and the villages of Coldstream, Yarra Glen and Healseville forming a golden triangle in the heart of the area. **The Mornington Peninsula**, south of the city has dramatic seascapes and is a favourite holiday escape for Melbournians.



Saturday March 22nd – Arrival at Melbourne at different times.

Late afternoon / early evening --- Cheese and Wine event at Shelly and Graeme Wilson, Burwood



Sunday March 23rd -- City Day

10.30am-- Meet at Federation Square for walking tour of Melbourne

12.30 pm lunch at Southgate

Evening with host/s --- opportunity to take out to dinner



Monday March 24th –Mornington Peninsula day

10.15 am – Red Hill Glassblowers

11 am— Meet at Montalto Winery for wine tasting

1pm –picnic lunch at Seawinds at the top of Arthur’s Seat, view William Ricketts sculptures

2.30 pm-- Red Hill Estate Winery for tasting and coffee.

3.30 pm--- Sorrento, Flinders or Cape Shanck

6pm --- Fish and chips on the beach at Dromana



Tuesday 25th March --- Yarra Valley day

9.00am ---Meet at Elgar Park to board coach

10.30 am – Healseville Australian Wildlife Sanctuary

12.30 pm -- Depart for De Bortoli Winery

1.15 pm --- Wine tasting and lunch

2.30 pm --- Depart for Yering Station and Wine tasting plus coffee

5pm --- Arrive back at Elgar Park **6.30 pm** – Farewell dinner Domaine Retirement Village

Geelong, west of Melbourne, has a history almost as old as Australia itself, first visited by Matthew Flinders in 1802 and officially pronounced a town in 1838 with a grand population of 545 inhabitants .It is now the second largest in Victoria. Only 4 years later the first vineyards were planted by Swiss and German settlers in Barrabool Hills but by 1869 the industry collapsed after an outbreak of phylloxera vine aphid in 1875.This was the first out-break in Australia so the government of the day took drastic action and eradicated ALL vines in the region.

Wednesday 26th March --- Great Ocean Road to Apollo Bay

The **Great Ocean Road** stretches for 243 kilometres along the stunning south –eastern coast between Torquay and Warrnambool. An Australian National Heritage listed road, built by returned soldiers between 1919 and 1932. This coastline is also referred to as the “Ship wreck coast”, having claimed well over 180 ships in the early years.

9.00 am-- departure time from Elgar Park car park (Melway 47 B4)

10.30 am— The Hill Winery at Waurnd Ponds, wine tasting and coffee

11.30 -- Queenscliff and Point Lonsdale, Rip View Lookout,

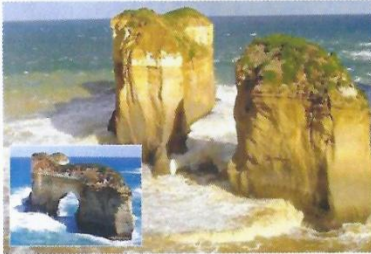
1pm --- Lunch at Torquay Lorne

2pm – Continue on to Bell’s Beach, Anglesea, Lorne

5pm – arrive Apollo Bay (overnight stop)

6.30 -7pm Dinner - own choice of local restaurant

Thursday 27th March --- The Ship Wreck Coast -Apollo Bay to Mt Gambier



APOLLO BAY – MT. GAMBIER.

9 am – Depart Apollo Bay

10 -10.30 am ---Great Ocean Road – coffee stop

10.30 to 12 noon – stops at places like Gibson’s steps, Apostles Visitor Centre, Port Campbell, The Grotto,

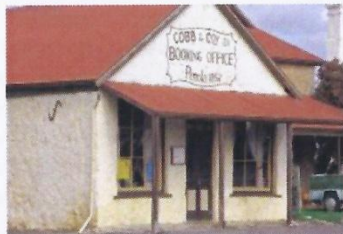
12- 12.30 Lunch stop

1 pm Stops at sites such as Bay of Islands Coastal Park, Warrambool, Port Fairy, Portland

4pm – Afternoon coffee break

5.30 -6pm Arrive Mt Gambier. --- Lady Nelson Centre

Midway between Melbourne and Adelaide is **Mt Gambier**, the largest city in regional South Australia. Located on the slopes of a dormant volcano it is often called the Blue Lake City. Set amidst a unique and ancient landscape of craters, lakes, caves, sinkholes and mysterious underground waterways Mt Gambier boasts several State Heritage areas and is the commercial hub of the Limestone Coast. A short distance away on the coast is Port MacDonnell, Australia’s Southern Rock lobster capital. To the north is Penola, the home of St Mary of the Cross MacKillop, Australia’s first Saint in October 2010. Born in Melbourne Mary came to Penola as a governess aged 18. Her life was changed when she met Father Julian Tenison. After many difficulties they co-founded the Congregation of the Sisters of Saint Joseph. This led to many schools being set up throughout Australia. A short distance from Penola is the world famous **Coonawarra wine region**, famous for the rich strip of terra rossa soil sitting on top of a limestone bed. The wine industry was founded here in 1891 by John Riddoch, and has continued to thrive and produce a unique style of wine due to the special geological and climatic conditions of the region.



Friday 28th March – Mt Gambier

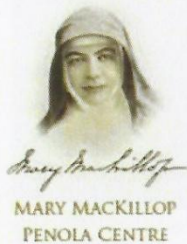


- 8.45 am** Meet at Lady Nelson Visitor and Discovery Centre.
- 10 am** Rose planting at Civic Centre FF rose garden.
- 10.30 am** Mayoral reception and morning tea.
- 12 noon** Caroline Hills Winery Yahl, light lunch and wine tasting
- 2 pm** Blue Lake Pumping Station –guided tour
- 3.30 pm** Herbert Vineyard, wine tasting with Cheese platters
- 6.30 pm** Pot Luck Dinner at FF club meeting hall



Saturday 29th March – Port MacDonnell day

- 8.45am** Meet at Lady Nelson Visitor Centre
- 9.30 am** (10am Vic time) Princess Margaret Rose Caves.
- 10.45 am** Visit Piccaninnie Ponds or Ewen Ponds en route to Port MacDonnell.
- 11.45 am** Visit to crayfish grading/packing business
- 12.30pm** Lunch
- 1.30 pm** Maritime Museum at Port MacDonnell Community Complex
- 2.30 pm** Local history tour with guide (by car)
- 3.30 pm** Return to Mt Gambier
- 6.30 pm** Dinner at Mt Percy Road with guest winemaker



Sunday 30th March –Coonawarra day

- 9.am** Meet at Lady Nelson Visitor Centre
- 9.45- 11 am** Visit the Mary Mackillop Penola Centre and Petticoat Lane -
– Historic buildings of early life in Penola
- 11.30 am** Visit Wynns Coonawarra Estate, wine tasting with guide.
- 12.30 pm** Lunch
- 1.30 pm** Visit Brands Laira Coonawarra for guided tour and tasting with winemaker.
- 2.45 pm** Visit Rymill Coonawarra for tasting
- 3.30 pm** Return to Mt Gambier
- 6.30 pm** --- an opportunity to take hosts out to dinner.

ADELAIDE Monday 31st March -- trip to Adelaide



Cave entrance

- 9am** --- Depart from Lady Nelson Centre
- 10.30 am** Naracoorte Caves Visit
- 12 noon** -- Lunch in Naracoorte
- 12.45pm** – leave for Padthaway, Keith, Murray Bridge
- 3-45** -- Arrive Tailem bend --- coffee stop
- 5.00 – 5.30** Arrive Adelaide at Uniting Church Daw Park.
- 6pm -6.30 pm** Meet host/ co-hosts for Pot luck tea.



Sea Dragon

Adelaide capital of South Australia is a friendly, vibrant city surrounded by rolling hills, white sandy beaches and with an unhurried lifestyle hard to find in other cities. The site of the city, midway between the coast and the Mount Lofty Ranges was chosen by Colonel William Light. His plan included a grid street plan for the business district to the south and a dormitory suburb north of the River with the city centre being fringed by spacious parklands. The architecture from the early Colonists who first arrived in 1836 as free settlers, is well preserved, giving Adelaide an elegant air. The temperate weather, proximity to some of Australia's best wine and seafood regions make Adelaide a most liveable city. It is 10 minutes from the home of **Penfolds Grange**, Australia. most famous wine and a short drive from many other notable wine regions such as **Adelaide Hills, Barossa Valley, Clare Valley, McLaren Vale, Fleurieu Peninsula and Langhorne Creek**. Adelaide has the honour of being Australia's cultural capital being host to many world class festivals, including the Festival of Arts,

WomAdelaide, the Fringe and the Festival of Ideas. The city also hosts numerous world-class sporting events each year including the Santos Tour Down Under, World Tennis Challenge and Clipsal 500 and we are at present seeing the completion of a world class new cricket and football stadium in the heart of Adelaide.

Adelaide Friendship Force was formed in 1984 so we are proudly celebrating our 30th Birthday in August this year.

Tuesday 1st April – McLaren Vale Day

- 10. am – Meet at the Visitor Centre McLaren Vale
- 10-30 d’Arenberg Winery for Tasting in the Stables
- 12 noon – Tasting and lunch at Wirra Wirra Winery
- 2pm Leave for scenic drive along the Southern Beaches
- 3.30pm - Hallett Cove Conservation Park –a noted Geological site (optional)
- 6.30 pm Small home hosted dinners



Wednesday 2nd April – Adelaide Hills day

- 10.30 – Meet at the Cedars for tour.
- 12 noon --- Lunch at the Cedars.
- 1pm – Hahndorf Hill Chocovino Tasting
- 2.15 Depart for Nepenthe Winery Oakbank for tasting.



Chocovino

- 3 pm Drive to Woodside to Melba’s chocolates
- 3.30 pm Return to Adelaide via Lobethal and Norton Summit
- 6.30 pm Evening with hosts OR an opportunity to take hosts out to dinner.

Thursday 3rd April – Adelaide City Day

- 9.15 am Meet at National Wine Centre.
- 10.am Walk through part of Botanic gardens on route to Museum
- 10.45 am Tour at Museum North Terrace -- Aboriginal section.
- 11 45 am Free to make way to Adelaide Central Market
- 12 noon Lunch in the city or at the Adelaide Central Market
- 2.15 pm Leave Central Market for Penfolds
- 3pm Wine tour and Tasting at Penfold’s Magill
- 6 pm Helen’s Kite’s for Aussie meal and Wine Tasting



Adelaide market-street dancing



Adelaide market

Friday 4th April – Barossa Valley Day

- 8.30 am First pick up at Uniting Church , Goodwood Road Daw Park
- 9 am Second pick up point in the northern area
- 10 am Herbig tree
- 10.30 am Whispering Wall for morning tea
- 11.30 am Wine tasting and tour at Jacob’s Creek.
- 1.15 pm lunch and Grand tour at Seppeltsfield
- 3.30 pm Maggie Beer’s Farm Shop.
- 4.30 pm Drive to Clare to Discovery Camping Park for overnight stay
- 6.30 pm BBQ meal at Marg Kimber’s



Herbig tree



Saturday 5th April – Clare day



- 7.30 to 8 am breakfast in Pavilion
- 8.45 am Morning walk along the Riesling trail
- 9.45 am departure
- 10.am Sevenhill cellars tour with winemaker
- 11.30 am at Pikes
- 12.30 –Heaslip wines for testing & lunch, Clare.
(Heaslip wines is a boutique winery)
- 2.30pm – Medika Gallery at Blyth – Ian Roberts



Coach trip back to Adelaide at least 2 hours
Arrival Time --- pick up points same as drop off points.---confirm times by phone
Evening --- Evening with Hosts OR an opportunity to take hosts to dinner.

Sunday 6th April – Make a wish day or free day

An opportunity to make a wish and do something special with your host.
May be a walk on the beach, a visit to the Botanic Gardens, catch up on your washing or simply sit and chat. Have a good day!!!

6.30 pm Farewell Dinner at the Marion Hotel Marion Road Mitchell Park



Monday 7th April -- Departure Day

We say goodbye to our guests from Germany and United States of America. We hope that you have enjoyed your Aussie experience and that you will return to our shores again very soon. We wish you all safe travel and many more opportunities to make friends in the world wide Friendship Force family.

Farewell dear friends from Alan, Neville and Yvonne.



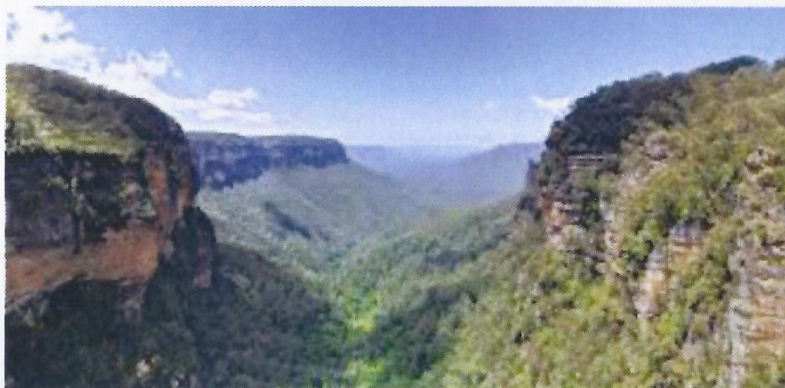
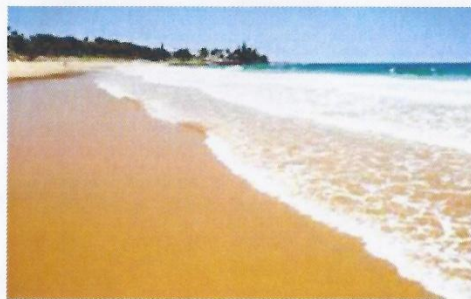
My Country

The love of field and coppice
Of green and shaded lanes,
Of ordered woods and gardens
Is running in your veins.
Strong love of grey-blue distance,
Brown streams and soft, dim skies
I know, but cannot share it,
My love is otherwise.

I love a sunburnt country,
A land of sweeping plains,
Of ragged mountain ranges,
Of droughts and flooding rains.
I love her far horizons,
I love her jewel-sea,
Her beauty and her terror
The wide brown land for me!

The stark white ring-barked forests,
All tragic to the moon,
The sapphire-misted mountains,
The hot gold hush of noon,
Green tangle of the brushes
Where lithe lianas coil,
And orchids deck the tree-tops,
And ferns the warm dark soil.

Dorothea Mackeller





Friendship Force Pledge

As a member of the Friendship Force,
I recognise that I can make a difference.

I recognise that I have a mission.

That mission is to be a friend to the people of the world.

As I embark upon this adventure, I know that others will be watching me.

I know that through my example to my own fellow citizens and people of other

Nations, the cause of friendship, love and peace will be furthered.

I can make a difference.

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